Deanery sponsoring programme: South East of Scotland
Postgraduate Dean: Professor Bill Reid
Responsible Associate Dean/GP Director: Professor David Bruce
Programmed Type -
- Deanery-based or National: Deanery
- Specialty or Sub-specialty: GP-Specialty
Date of GMC recent approval: August 2010
Associated Royal College / Faculty South East Faculty, Royal College of General Practitioners
Web address http://www.rcgp.org.uk/
Curriculum and Associated Assessment System http://www.gmc-uk.org/education/postgraduate/gp.asp

Date programme information last updated August 2018

Recognised Programme Locations and Environments see google maps https://www.google.com/maps/d/edit?mid=zaBrkAZ13drg.k7I1BqB6nwZc

This programme involves placements in some or all of these Health Boards and hospitals:

<table>
<thead>
<tr>
<th>NHS Fife</th>
<th>NHS Lothian</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victoria Hospital, Kirkcaldy (Fife Acute Hospital)</td>
<td>St John’s Hospital, Livingston</td>
</tr>
<tr>
<td>Queen Margaret Hospital, Dunfermline</td>
<td>Royal Infirmary Edinburgh</td>
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<tr>
<td>Stratheden Hospital, Cupar</td>
<td>Astley Ainslie Hospital, Edinburgh</td>
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<tr>
<td>Lynebank, Dunfermline</td>
<td>Western General Hospital, Edinburgh</td>
</tr>
<tr>
<td>Whyteman’s Brae Hospital, Kirkcaldy</td>
<td>Liberton Hospital, Edinburgh</td>
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<td></td>
<td>Royal Victoria Hospital</td>
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<td>Royal Edinburgh Hospital</td>
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</tbody>
</table>

You may be allocated to one or more of these practices dependent on current vacancies

<table>
<thead>
<tr>
<th>GP Practices in Fife (not all available each year)</th>
<th>North Edinburgh (not all available each year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bennochy Medical Centre, Cos Lane Medical Practice, Cowdenbeath Medical Practice, Markinch Health Centre, Kelty Health Centre, Nethertown Surgery, Primrose Lane Medical Centre, St Bryce Medical Practice</td>
<td>Cramond Surgery, Crewe Medical practice, East Craigs Medical Practice, Ladywell Medical Centre (East), Ladywell Medical Centre (West), Muirhouse Medical Group, South Queensferry Medical Practice</td>
</tr>
<tr>
<td>Glenwood Health Centre, Glenrothes</td>
<td></td>
</tr>
</tbody>
</table>
Specialty: General Practice
Fife & NE Edinburgh

GMC: SES/497
NES: SES/D1/E1/02

Other Possible Edinburgh Practices (not always available)

<table>
<thead>
<tr>
<th>Braids Medical Practice</th>
<th>Inchpark Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bruntsfield Medical Practice</td>
<td>West End Medical Practice</td>
</tr>
<tr>
<td>Grange Medical Group</td>
<td>The Long House Surgery</td>
</tr>
<tr>
<td>Craigmillar Medical Group</td>
<td>Liberton Medical Group</td>
</tr>
<tr>
<td>University Health Centre</td>
<td>Springwell Medical Centre</td>
</tr>
<tr>
<td>Mackenzie Medical Centre</td>
<td>The Baronscourt Medical Pratnership</td>
</tr>
<tr>
<td>Stockbridge Medical Practice (Blue)</td>
<td>Colinton Surgery</td>
</tr>
<tr>
<td>Stockbridge Medical Practice (Green)</td>
<td>Craiglockhart Medical Group</td>
</tr>
<tr>
<td>Bellevue Medical Centre</td>
<td>Sighthill Green Practice</td>
</tr>
<tr>
<td>Leith Walk Surgery</td>
<td>The Pentlands Medical Practice, Currie</td>
</tr>
<tr>
<td>Eyre Medical Practice</td>
<td>Whinpark Medical Practice</td>
</tr>
<tr>
<td>Gilmore Medical Practice</td>
<td>The Firrhill Medical Centre</td>
</tr>
</tbody>
</table>

Programme Director
Dr Lynda Tulloch

Contact
Lynda.tulloch@nes.scot.nhs.uk

Programme Description

Why choose this programme
Fife - offers an ideal setting for general practice specialist training combining picturesque rural landscapes and quaint fishing villages. St Andrews Scotland's oldest university town and the home of golf as well as Dunfermline the ancient capital of Scotland are within Fife. There is much of historic interest and an active cultural life with several theatres and galleries.

Fife is within easy commuting distance of Edinburgh and has excelling bus and train links to the capital with good road access to scenic Perthshire and the Highlands of Scotland. There are excellent leisure facilities in the area including golf, cycling and coastal walks. Fife also offers excellent career prospects with many who have completed training schemes in Fife settling there.

Edinburgh – The coast and countryside offer a beautiful backdrop to the towering grace of the capital. The skyline of the city is dominated by its historic castle and the city offers a huge number of varied facilities for all tastes. The cultural life of the city culminates in its international festival held every summer. Situated beside the river Forth Edinburgh is within easy reach of the countryside and the Scottish highlands giving access to a wealth of outdoor opportunities. Edinburgh has an excellent reputation for medical teaching and training.

Fife Training Placements
The Fife & North East Edinburgh programme offers excellent opportunity for GP training. Our traditional three year programmes consist of six months in a GP training practice and six in a medical hospital post in the first year, two six month hospital posts in the second year and the third year in General Practice.

The hospital posts in both Fife and Lothian provide a wealth of clinical experience in the different specialties. The specialties that feature in the programme include: Medicine, Care of the Elderly, Accident and Emergency, Psychiatry, Paediatrics, Obstetrics and Gynaecology, ENT, Ophthalmology, Palliative Medicine and Rehabilitation Medicine. You may be allocated to any of the hospitals in the programme. Medical services in Fife have been redesigned and most posts are now based at Victoria Hospital, Kirkcaldy.
Example Rotations

Please note the rotations may vary from year to year but will always provide broad and balanced placements which meet RCGP and GMC requirements. Placements may be in hospitals in Lothian Health Board or Fife. Please read in conjunction with recruitment information and the indicative numbers information. There may be a limited number of rotations available. Rotations are correct at this point in time however these may change due to unforeseen circumstances. BELOW ARE EXAMPLES (for guidance only not exact)

<table>
<thead>
<tr>
<th>EXAMPLE 1</th>
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<tbody>
<tr>
<td><strong>ST1</strong></td>
<td><strong>ST2</strong></td>
<td><strong>ST3</strong></td>
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<tr>
<td>ST1</td>
<td>ST2</td>
<td>ST3</td>
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<td>ST1</td>
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<tr>
<td>6 months</td>
<td>6 months</td>
<td>6 months</td>
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</tr>
<tr>
<td>GP Fife Or Edinburgh (Foster)</td>
<td>Medicine Kirkcaldy</td>
<td>General Psychiatry Stratheden</td>
<td>Paediatrics Edinburgh</td>
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</table>

**EXAMPLE 2**

<table>
<thead>
<tr>
<th>EXAMPLE 2</th>
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<tbody>
<tr>
<td><strong>ST1</strong></td>
<td><strong>ST2</strong></td>
<td><strong>ST3</strong></td>
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<td>ST2</td>
<td>ST3</td>
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<tr>
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</tr>
<tr>
<td>6 months</td>
<td>6 months</td>
<td>6 months</td>
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</tr>
<tr>
<td>Geriatric Medicine Edinburgh</td>
<td>GP Fife Or Edinburgh (Foster)</td>
<td>Palliative Medicine Fife</td>
<td>Paediatrics Edinburgh</td>
</tr>
</tbody>
</table>

To help you understand how we allocate successful applicants to rotations, the following are the criteria we use to allocate your rotation:

1. Information you provide on the preference sheet
   a. You should tell us everything that you think is relevant to your chosen preference
   b. Family circumstances (those with children under 6 will be given priority), particularly in relation to the practice allocated to the rotation.
   c. Whether you have previous specialty training experience and in which specialty.
   d. Try to tell us as clearly why you have chosen a specific rotation.
   e. Any disability that may impact on your training placements or progress or may require adaptation to training or educational environment.

2. Prior posts in F2 or prior to recruitment. We will endeavour not to repeat a specialty from your foundation posts in your allocated rotation, however, it is likely that you will repeat a specialty if:
   a. You have been in core specialities in the SE Foundation programme (Foundation and GP posts have been pulled from the same pool of old SHO posts)]
   b. However, if you are repeating a specialty you should try to choose a rotation that has the specialty in a different placement to one you have worked in already.

3. Ranking in the recruitment process
   a. Please be aware that you may not be allocated to your number 1 choice.

4. All training placements (educational providers) are approved by GMC
   a. All trainees will have access to a range of educational opportunities, no matter where your rotation or practice is based.
   b. There are excellent opportunities during 18 months in GP to achieve the curriculum learning outcomes for any specialty.
c. Under the equality and diversity legislation we must act with impartiality with regard to gender etc, when allocating training rotations and must consider all trainees in our programmes.

- This means that you can be sure of a good educational input even if you do not get your first-choice rotation/practice allocation.

PLEASE NOTE:

- Dependent on all the above noted criteria you may or may not be allocated to your first-choice rotation. ALL trainee requests need to be taken into consideration and balanced to the benefit of all

5. “SWAP SHOP” - Once all the allocations are completed we will open a swap shop which allows you the following option:

   a. To request a swap of one hospital post in your allocated rotation and from within the available hospital posts.
   b. Information about this process will be sent once the preferencing has been completed. Please be aware that not all swaps are achievable but we try our best.

6. Final Allocation

PLEASE NOTE:

It may be necessary to make changes to your rotation and practice allocation due to unforeseen circumstances out with our control:

This is rare but sometimes does occur. If this occasion arises we will discuss this on an individual basis. Occasionally there are personal issues that arise once you are in a placement/rotation/practice allocation, in these instances we can discuss with you the alternatives.

7. Allocation of rotations and practices will take place shortly after the closing date for return of preferencing sheets. You will be sent information about your allocation as soon as we can thereafter.

8. It may be best to wait until you have been allocated your rotation and GP practice before you arrange accommodation, to avoid long commutes - although our allocated posts and practices are commutable from Edinburgh, some will inevitably be further than others.

9. Finally remember you need to be able to drive to undertake home visits whilst in GP. If you do not drive you should furnish your practice with an alternative method of undertaking the home visits. If this is the case, please let us know as soon as possible.

Attachment to an allocated training practice throughout the hospital training offers a regular opportunity to link work in the hospital unit specialty with general practice. Trainees find this a very useful introduction to general practice. You will have an induction day to the practice at the start of training then regular contact throughout your time in hospital posts. Your educational supervisor will perform 6 monthly reviews and annual reviews in line with RCGP work place based assessment.

Support and Supervision

In the Fife GP Training Programme you will be allocated to a GP practice, in Fife or North East Edinburgh, which may be your ST3 post, occasionally you may be “fostered” in a different training practice in ST1 (e.g. you may have 1 GP practice in Fife and one in North East Edinburgh). Your GP trainer will be your educational supervisor over the 3 or 4 years. You will attend this practice on a regular basis during the hospital phase in order that your whole educational experience is focused on your goal of becoming a GP. Your trainer will provide you with educational support and
guidance throughout the 3 or 4 years and is in turn supported by Training Programme Director, Course Organisers, Hospital Clinical Supervisors and Associate Advisors.

You will also have a named hospital clinical supervisor in each hospital placement, who will provide regular formative feedback through an appraisal process and you will be required to maintain the RCGP electronic portfolio of clinical experience throughout your three or four years (e-portfolio). Your clinical supervisor and GP trainer will liaise closely with you to maximize your potential as a doctor.

Learning

South East Scotland is introducing a more integrated educational programme that will ensure that our educational input allows you to meet the requirements of the RCGP GP Curriculum. We have therefore created learning opportunities appropriate to your level of training with some available to be taken at any point during your programme. These include:

- Educational release programmes during the GP Placements in ST1 and ST3
  - Focused small group learning using both GP and peer facilitation
  - Practice Based Small Group Learning as an additional resource for trainees.
  - Quality Improvement Project/Activity - Trainees are encouraged to learn about quality improvement relevant general practice by undertaking a quality improvement project whilst in their general practice placements (prize awarded)
  - Specific ST3 support for CSA assessment

- A menu of learning opportunities throughout your hospital placements (HBGL).
  - An Induction to GP training day (new recruits)
  - A Core Curriculum Course Day to guide you through the curriculum (new recruits)
  - 5 further courses to cover a variety of topics relating to the RCGP 5 Educational Themes
  - GPST trainee weekly educational programmes are being developed in various hospitals to support GPST trainees. One already exists in the Fife hospitals
  - Paediatrics Clinical Course (for those without a paediatric placement)
  - O/G Clinical Course (for those without an O/G placement)
  - Psychiatry half day release course (for those in psychiatry posts)

- There are other opportunities available at different points in your training which will prepare you for the challenges of changing General Practice ahead:
  - Doctor as Teacher
  - Occupational Medicine
  - Practice based small group learning (PBSGL)
  - Managing & Thriving in GP
  - Advanced Ethics
  - Psychiatry half day release available ad hoc (for those without a psychiatry placement)
  - Careers Day towards the end of ST3

- GP Attachment days to visit your “home ST3” training practice
- South East Scotland Deanery holds an annual audit prize for trainees
Specialty: General Practice  
Fife & NE Edinburgh  

GMC: SES/497  
NES: SES/D1/E1/02  

All educational support material and learning resources will be housed in a website which we encourage you to explore [http://www.scotlanddeanery.nhs.scot/trainee-information/gp-specialty-training/](http://www.scotlanddeanery.nhs.scot/trainee-information/gp-specialty-training/) and we have developed a learning resource centre using Moodle – you will have access to this once you join us.

At the end of your training there is the opportunity to apply for a small number of further career development fellowships in areas such as “Education”, “Research”, “Rural General Practice” and “Public Health”.

How to apply


**Deanery Administrative Contacts**

NHS Education for Scotland  
West Port  
102 Westport  
Edinburgh  
EH3 9DN  
Email gp.unit@nes.scot.nhs.uk

**Website:** [http://www.scotlanddeanery.nhs.scot](http://www.scotlanddeanery.nhs.scot)  
**SE Scotland Web site**  

**Quality of Training**

**GMC Trainee Survey information**  
[http://www.gmc-uk.org/education/surveys.asp](http://www.gmc-uk.org/education/surveys.asp)