Deanery sponsoring programme: West of Scotland Deanery
Postgraduate Dean: Prof Alastair McLellan
Responsible Associate Dean/GP Director: Prof Moya H Kelly
Programme Type -
- Deanery-based or National: Deanery
- Specialty or Sub-specialty: General Practice Specialty
Date of GMC recent approval: August 2010
Associated Royal College / Faculty Royal College of General Practitioners
Web address http://www.rcgp.org.uk/
Curriculum and Associated Assessment System http://www.gmc-uk.org/education/postgraduate/gp.asp
Date programme information last updated August 2017

Recognised Programme Locations and Environments
This programme involves placements in some or all of these Health Boards and hospitals:

Dumfries and Galloway Health Board:
Dumfries and Galloway Royal Infirmary, Midpark Hospital.

GP Training Practices in Dumfries and Galloway (not all available every year):
Cairn Valley Medical Practice, Cairnsmore Medical Practice, Castle Douglas Health Centre, Dalbeattie Clinic, Greencroft Medical Centre North, Greencroft Medical Centre South, Greyfriars Medical Centre, Loch Ree Practice, Lochmaben Surgery, Lochnaw Practice, Thornhill Medical Practice.

Programme Director Dr. Fiona Jefford
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Programme Description

Why choose this programme?

The Dumfries and Galloway GP Specialty Training Programme offers comprehensive, high quality specialist training based in a busy District General Hospital and a variety of urban, semi-urban and remote and rural practices.

This programme will provide a balanced rotation of specialties that are important for general practice training. There will be an active educational programme and release to general practice throughout the 4 years of the programme.

The training practices deliver a high quality of training. All practices have a broad multi-professional team approach to primary care and all team members are involved in supporting and teaching the registrars.

Experience in hospital and general practice will combine to deliver the whole of the GP curriculum and will prepare the registrar as well for the membership of the Royal College of General Practitioners.

This programme offers an educationally sound training in beautiful surroundings. There are often more opportunities in a District General Hospital to take clinical responsibility and perform procedures. There is an active educational programme based at the Dumfries Infirmary (in addition to the GPST programme).

Doctors locally are involved in research, sports medicine, supporting sports events, occupational health, BASICS providers (acute pre-hospital care), mountain rescue, community hospitals, benefits agency and forensic work. Trainees may be able to develop interests in any of these and many other areas associated with practicing medicine.

Dumfries and Galloway NHS trust have agreed to provide BASICS training to GPSTs at some stage in their training.

Specialty Information

Number and type of posts and practices. From 2017 there will be intake in both February and August.

February:

Some three year rotations will be available. In ST1, posts will include 6 months in General Practice with 6 months in General Medicine.

ST2 posts include A&E, Sexual Health and Dermatology.

ST3 is 12 months in General Practice.

August:

3 and 4 year rotations will be available.

ST1 and ST2 hospital posts include O&G, Medicine, A&E, Psychiatry, Paediatrics, Palliative Care, ENT and Ophthalmology.

ST3 is 12 months in General Practice.

Posts are correct at this point in time however these may change due to unforeseen circumstances.

Educational supervision will be provided by a GP based supervisor throughout the programme and there will be support from the local GP training programme director, postgraduate medical education director and the GP adviser.
18 months of each rotation is spent in general practice. This will usually be in the same practice offering consistency and the opportunity to become an integrated member of that practice team. The training practices deliver a high quality of training. All practices have a broad multi-professional team approach to primary care and all team members are involved in supporting and teaching the GP Specialist trainees.

There are a wide variety of practices in the region ranging form town practices in Dumfries Annan and Stranraer to small town and rural practices such as Dunscore and Thornhill. Each provides comprehensive training and wide ranging experience with the additional experiences particular to that type of practice.

Experience in hospital posts and in General practice, the educational activities within clinical departments and the day release programme is designed to ensure comprehensive coverage of the GP curriculum. This provides excellent preparation for life as a GP and of course for the various parts of the MRCGP.

**Why come to this area?**

Dumfries and Galloway is a beautiful part of Scotland with good road and rail links to Glasgow, Central Scotland and North England. There are also ferry links to Northern Ireland. There are many historic and cultural attractions with traditional annual festivals in many towns. There are beautiful gardens mountains and beaches. There are opportunities for golf, sailing, fishing, walking and nationally recognized cycling routes both on and off road. The region also has excellent in-door sporting facilities. See: [www.visitdumfriesandgalloway.co.uk](http://www.visitdumfriesandgalloway.co.uk)

Schooling in Dumfries and Galloway boasts high standards of achievements at primary and secondary level with a choice of state and faith based schools. Private schooling is available in Carlisle accessible to day students from many parts of Dumfries and Galloway. See: [www.dumgal.gov.uk](http://www.dumgal.gov.uk)

Housing in Dumfries and Galloway is relatively affordable with a reasonable availability of private lets and properties for sale. Hospital accommodation is not available for GPST doctors however the NHS accommodation office at Dumfries Infirmary is willing to help with providing information on local accommodation.

For more information on GP Training in the West of Scotland please visit our website [www.westgpst.scot.nhs.uk](http://www.westgpst.scot.nhs.uk)

where more information on Training Practice profiles and locations can be found.

**How to apply**

[http://www.scotmt.scot.nhs.uk](http://www.scotmt.scot.nhs.uk)

**Deanery Administrative Contacts**

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