

**GP Training
2010/11**

NHS
Education
for
Scotland



**Train in Scotland - what are
you waiting for?**

South East

Famous for its Castle and the world renowned Fringe Festival, Edinburgh is a city full of character and history. There are great range of city attractions, coffee shops, theatres, museums and restaurants offering seasonal, locally sourced produce, which make the city a great place to work and study. The region's countryside is also full of historic towns, castles and charming villages for you to explore. See it for yourself and apply for your GP Training today!

The South East of Scotland deanery provides balanced GPST programmes in a range of urban and rural environments across Lothian, Fife and the Borders.

Hospital posts are varied and provide a breadth of relevant experience. There is an excellent linkage with motivated and



enthusiastic Educational Supervisors in the training practices.

Educational Release Programmes run during the GP phase of training in addition to other learning opportunities such as courses, e-learning and small group work.

The region has consistently had a high success rate in the MRCGP examination and was highly rated by trainees in a recent PMETB survey.

Our estimated programme numbers for 2011 are:

Borders & Midlothian	Fife & North Edinburgh	West Lothian & West Edinburgh	Total 3 & 4 year posts - 44
Edinburgh & East Lothian	Edinburgh (Lothian)		

West

From dynamic and vibrant city life bustling with great nightclubs, international restaurants, galleries and the best shopping in the UK outside London, to more rural areas with opportunities for outdoor pursuits, such as hill walking and mountain climbing or skiing in the winter. The West region has it all, so don't hesitate and start your GP Training here! The West deanery is the largest with 8 training programmes offering varied experience in both rural and urban settings.

The rural training experience will give doctors the opportunity to develop a range of clinical skills not normally attained in the more urban



setting while the cities will allow a trainee to gain experience in affluent or deprived areas gaining knowledge and skills in the various social and health problems that are found in these populations.

Our estimated programme numbers for 2011 are:

Ayrshire & Arran	Dumfries & Galloway	RIDA*	Lanarkshire	Total 3 & 4 year posts - 148
Glasgow North East	Glasgow North West	Glasgow South	Forth Valley	

East



Perthshire is one of the most attractive places in the UK to set up home. Not only is it one of the most beautiful parts of the UK, it promises city and rural living, educational diversity and excellence and access to high quality shopping, arts and leisure. Dundee is a vibrant and modern city, proud of its tradition and history. Set by the River Tay on one of Europe's most impressive geographic locations, it is the "City of Discovery" - famous for innovation and invention. With its lovely scenery and excellent quality of life, Angus is an ideal place to settle - an unspoiled coastline with long stretches of white beach, the picturesque Strathmore Valley and the spectacular Angus Glens. GP Training in

the East Region could be just what you are looking for!

East Scotland Deanery offers a variety of hospital and practice based experiences to suit a broad range of GP Specialty Registrars some of whom may wish a city based training to those who would prefer a more rural location. All rotations include 18 months in practice and we have a small number of innovative posts. General Practice offers an opportunity to optimise life work balance. With this in mind, the East Scotland area offers countless opportunities for activity and/or relaxation.

Our estimated programme numbers for 2011 are:

Westward	Total 3 & 4 year posts - 28
Eastward	



Discover diverse and spectacular wildlife, beautiful islands, sandy beaches, a wide range of outdoor activities, including golf, cycling, hill walking, skiing and quadbiking; extreme sports from snow-boarding and telemark skiing to whitewater canoeing and microlighting. Combine this with excellent road, rail and air transport, family friendly surroundings, low crime rates and this could be a perfect place to undertake your GP Training!

Hospital posts range from the Tertiary centre of Aberdeen Royal Infirmary to smaller rural hospitals such as Fort William and Wick that offer sound, hands-on experience. A firm

basis for a career in general practice.

Join the Grampian Programme that includes placements in range of environments from Aberdeen City to the rural farming and fishing communities.

Or choose Highland Programme that ranges from Shetland and Orkney in the North through to Oban and Lochgilphead in the South, with many of our placements located in and around Inverness. There are GP practice attachments to suit all tastes, large, small, city, rural and remote.

Our estimated programme numbers for 2011 are:

Highlands & Islands	Total 3 & 4 year posts - 60
Grampian	

North

To find out more about our programmes visit:

NES

<http://www.nes.scot.nhs.uk/medicine/general-practice-training-recruitment>

To find out more about GP Recruitment visit:

NRO

<http://www.gprecruitment.org.uk/>

Other Useful Websites:

SMT

<http://www.scotmt.scot.nhs.uk/>

RCGP

<http://www.rcgp.org.uk/>

MEDICAL CAREERS

<http://www.medicalcareers.nhs.uk/>

PMETB

<http://www.pmetb.org.uk/>

HOME OFFICE

<http://www.homeoffice.gov.uk/>

Please note the following:

Applications open on 22nd November 2010

Posts will be offered across Scotland in a combination of 3 and 4 year programmes. The posts (at time of going to print, October 2010) are indicative numbers only and may differ within individual programmes.

Please direct your queries relating to GP Training in Scotland to:

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Scottish
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