



APPLICANT INFORMATION 2026

CT1 Internal Medicine Training

Round 1

Version: 30/12/2025 – Interview dates and timeline updated

INTRODUCTION

Please ensure you read all guidance on the [IMT Recruitment website](#). This guide only contains information specific to the Scotland IMT vacancy.

In 2026 there will be a separate IMT vacancy for applications to Scotland only.

There will be two vacancies for IMT/ACCS-IM: one for England, Northern Ireland and Wales and a separate one for all programmes in Scotland. Applications will only be considered for one IMT vacancy so applicants should ensure that they only apply to their preferred IMT vacancy. The [planning your application](#) section of the IMT website has more details about how this will be managed.

Both IMT vacancies will follow the same process as detailed on the [IMT Recruitment website](#), including the additional 5 shortlisting points for [Unique Applicants to IMT](#).

[Please refer to the UK MDRS specialty recruitment applicant guide for full details on applying to specialty training in the UK.](#)

Guidance for anything specific to the Scotland IMT vacancy is detailed below.

SPECIFIC TO SCOTLAND IMT VACANCY

Fitness to Practice Declarations

If you make a Fitness to Practise declaration on your application form, you must complete a declaration form and submit it to recruitmentftp@nes.scot.nhs.uk providing further information. This must be provided at the time of application.

Declaration forms can be [downloaded from the MDRS website](#).

Training Programme Information

Applicants will not complete preferences at the time of application. Shortlisted applicants will be contacted in January 2026 once programmes are available for preferencing.

Further information on the CT1 Internal Medicine Training programme in Scotland can be found on the [specialty programme section](#) of the Scottish Medical Training website.

Please contact the [relevant administrator](#) in the Training Programme Management team directly if you have any queries about the training programme or placements.

Interview Dates

Interviews are expected to take place on the following dates:

- 27th January 2026
- 3rd February 2026
- 11th February 2026
- 3rd March 2026
- 5th March 2026
- 10th March 2026

Scotland IMT Vacancy Recruitment Timeline

Advert Published on Oriel	By 1700, 22 nd October 2025
Applications Open	23 rd October 2025, 1000
Applications Close	20 th November 2025, 1600
Longlisting Completed	By 16 th December 2025
Interview Invites Released *	By 16 th January 2026
Preferences Open *	3 rd – 10 th March 2026
Online Interviews *	27 th January 2026 3 rd and 11 th February 2026 3 rd , 5 th and 10 th March 2026
First Offers Released	By 1700, 24 th March 2026
Offer Hold Deadline	2 nd April 2026, 1300
Offer Upgrade Deadline	8 th April 2026, 1600
Feedback Released	By 31 st March 2026

***Amended dates**

PLEASE NOTE

All times are UK time.

If there are any changes to the timeline once the recruitment round is underway, applicants will be contacted via Oriel.

CONTACTS

Scottish Medical Training Recruitment Team

- nationalrecruitment@nes.scot.nhs.uk

Fitness to Practice Declarations

- recruitmentftp@nes.scot.nhs.uk

Training Programme Management Team

- [Available on the Scotland Deanery website](#)

Complaints

The Complaints and Appeals process for Scottish Medical Recruitment and Selection is available [here on the Scottish Medical Training website](#).

USEFUL LINKS

- [Applicant Declaration](#)
- [Oriel Recruitment Portal](#)
- [Oriel Applicant User Guide \(via resource bank\)](#)
- [Person Specifications](#)
- [Scotland Training Programme Descriptors](#)
- [Scotland Deanery website](#)
- [UK Recruitment Guidance](#)