

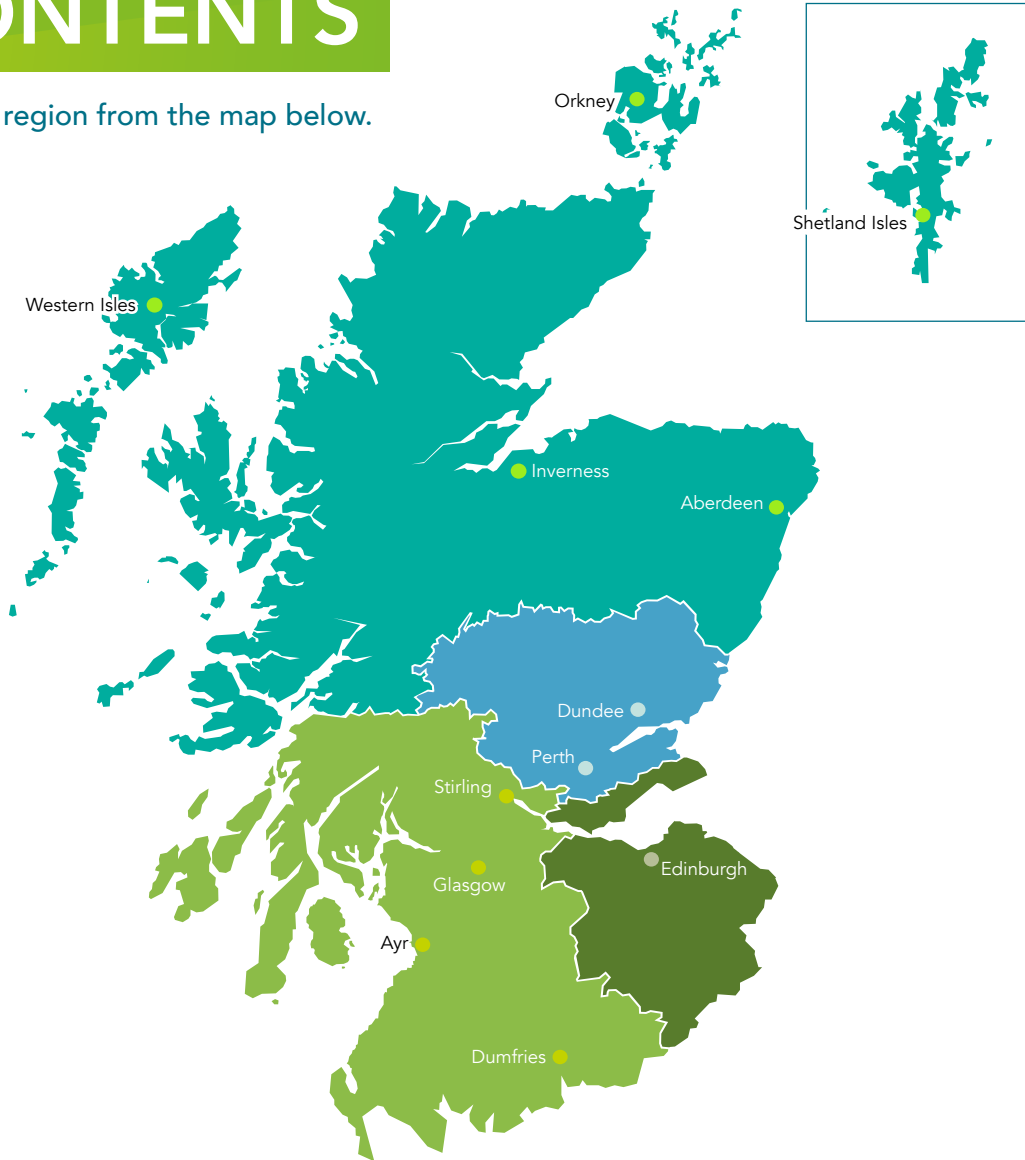
# GP SPECIALTY TRAINING



TRAINING IN SCOTLAND  
**- WHAT ARE YOU WAITING FOR?**

# CONTENTS

Select a region from the map below.



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Aerial view of Aberdeen © Adam Morrice, Aberdeen University





# EAST



**GP Training in the East of Scotland region could be just what you are looking for! We offer a variety of hospital and practice based experiences to suit a broad range of GP Specialty Registrars. Some of you may wish city based training; others may prefer a more rural location. We have it all.**

All rotations include 18 months in practice (6 months in the first year). General Practice offers an opportunity to optimise life work balance, and with this in mind, the East of Scotland offers countless opportunities for activity and/or relaxation.

Dundee is a vibrant and modern city, proud of its tradition and history. Set by the River Tay, it is the “City of Discovery” - famous for innovation and invention.

Perthshire is one of the most attractive places in the UK to set up home. It promises city and rural living, educational diversity and excellence and access to high quality shopping, arts and leisure.

With its beautiful scenery and excellent quality of life, Angus is an ideal place to settle – an unspoiled coastline with long stretches of white beach, the picturesque Strathmore Valley and the spectacular Angus Glens.

Click on the link below for the East of Scotland Region webpages:







# NORTH



For more details about training in the North why not visit our highly popular blogspot:



**The North of Scotland offers a variety of programmes including, the Grampian programme, the Caledonian programme and the Rural Track programme.**

The Grampian programme centres around Aberdeen with training posts in and around this vibrant city. The city and the semi-rural communities of Aberdeenshire provide a wide variety of general practice training experiences. Secondary care experience centres around Aberdeen teaching hospitals. A state of the art Emergency Care Centre opened in 2012 and provides excellent training opportunities for our trainees.

The Caledonian programme has a two centre focus around the rapidly growing cities of Inverness and Elgin. Both have excellent District General Hospitals and a mixture of urban and semi-rural training practices. Additionally, some attachments to rural general hospital posts are available.

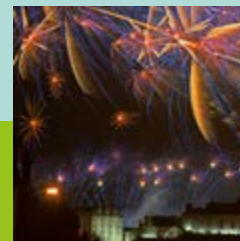
The Rural Track programme provides bespoke training for those considering a career in remote and rural general practice. Traditional GP training will be enhanced by remote and rural experiences, both in the UK and abroad.

All 3 programmes are supported by a committed GP Deanery team who provide a well evaluated education programme, regular small group learning activities and online forums for learning and discussion.





# SOUTH EAST



**The South East of Scotland region provides balanced GPST programmes in a range of urban and rural environments across Lothian, Fife and the Borders.**

Hospital posts are varied and provide a breadth of relevant experience. There is an excellent linkage with motivated and enthusiastic Educational Supervisors in the training practices. Educational Release Programmes run throughout the training in addition to other learning opportunities such as courses, e-learning and small group work.

The region has consistently had a high success rate in the MRCGP examination and was highly rated by trainees in a recent GMC survey.

Famous for its Castle and the world renowned Fringe Festival, Edinburgh is a city full of character and history. There is a great range of city attractions, coffee shops, theatres, museums and restaurants which make the city a great place to work and study. The region's countryside is also full of historic towns, castles and charming villages for you to explore. See it for yourself and apply for your GP Training today!

This region gives a diverse range of general practice settings. These include the rural settings of the borders and Fife, the old mining and historic towns of West Lothian as well as the beautiful coastline of East Lothian contrasting with the urban city centre practices.

Click on the link below for the South East region website:





# WEST



**The West region is the largest within The Scotland Deanery with 8 GP training programmes offering varied experience in both urban and rural settings. From West End Glasgow to the Isle of Arran – opportunities abound.**

From dynamic and vibrant city life bustling with the best shopping in the UK outside London, great nightclubs, the second busiest music venue in the world, international restaurants, galleries, museums, theatre and the arts, to more rural environments with prospects for outdoor pursuits, such as hill walking, cycling and mountain climbing or skiing in winter. Legacy from the 2014 Glasgow Commonwealth Games has provided world class sporting venues for both participation and spectating.

The rural training environment provides doctors with the opportunity to develop a range of clinical skills not normally attained in the more urban setting, while the cities will allow a trainee to gain experience in affluent or deprived areas gaining knowledge and skills in the various social and health problems that are found in these populations.

The West region has it all, so don't hesitate to Go West!

Click on the link below for the West region website:



# FURTHER INFORMATION



TO FIND OUT MORE ABOUT OUR **PROGRAMMES** VISIT:

TO FIND OUT MORE ABOUT **GP RECRUITMENT** VISIT:

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OTHER **USEFUL WEBSITES**:

**NHS Education for Scotland:**

**Scottish Medical Training:**

**General Medical Council:**

**Royal College of GPs:**

**Medical Careers:**

**The Home Office:**

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PLEASE **DIRECT QUERIES** TO:

**GP Training in Scotland:**