

TRAUMA & ORTHOPAEDIC SURGERY - ST1

ELIGIBILITY TO APPLY

Please make sure you meet all below eligibility criteria before applying.

QUALIFICATIONS

You must hold a Bachelor of Medicine, Bachelor of Surgery (BMBS, MBBS) degree or other equivalent medical qualification.

REGISTRATION & RIGHT TO WORK

You must:

- Be eligible to work in the UK.
- Hold full registration with the [General Medical Council \(GMC\)](#) at the time of application, **and** hold a current licence to practise on the date your post commences.
- Meet the standards set out in [Good Medical Practice](#), and not be subject to fitness to practise conditions which would prevent you taking up the post or performing fully within it.

You **must not**

- Hold, nor be eligible to hold, a Certificate of Completion of Training (CCT) or Certificate of Eligibility for Specialist Registration (CESR) for this specialty, **nor**
- Already be eligible for the specialist register for this specialty.

CAREER HISTORY

You must be able to provide complete details of your employment history, including any gaps.

DISCLOSURE

- You must complete all sections of the application form fully and truthfully, in accordance with written guidelines.
- You must disclose in your application if you are subject to any ongoing fitness to practise proceedings or are subject to any fitness to practise conditions.
- **If you are currently in specialty training** and are applying to continue training in the same specialty in another region, you must obtain a [Support for Application to another region form](#) signed by the Training Programme Director/Head of School of your current Specialty Training Programme. This must confirm satisfactory progress and be submitted with your application.

- **If you have previously resigned, or been removed from, a training programme in any specialty**, you must obtain a [Support for Reapplication to Specialty Training form](#) signed by the Training Programme Director/Head of School and Postgraduate Dean from the region you previously undertook training in. This must be submitted with your application.
- **If you have previously resigned, been removed from, or relinquished a Foundation post or training programme** and failed to gain the award of a Foundation Programme Certificate of Completion (FPCC), or Foundation Achievement of Competence Document 5.2 (FACD 5.2) you must obtain a [Dean's Supporting Declaration proforma](#) signed by the Postgraduate Dean from the region you previously undertook Foundation training in. This must be submitted with your application.

CAPABILITY/COMPETENCES FOR ST1/CT1 ENTRY

You must have evidence of achievement of foundation competences in the three and a half years preceding the advertised post start date for the round of application, via one of the following four methods:

- Current employment in a [UK Foundation Programme Office](#) (UKFPO) affiliated foundation programme; **or**
- Current employment in a GMC approved Specialty Training Programme holding either a National Training Number (NTN) or Deanery Reference Number (DRN); **or**
- A *Foundation Programme Certificate of Completion* (FPCC) from a UK affiliated foundation programme; **or**
- 12 months medical experience after full GMC registration (or equivalent post licensing experience), and a [Certificate of Readiness to Enter Specialty Training \(CREST\)](#).

SPECIALTY SPECIFIC ELIGIBILITY CRITERIA

- **18 months' experience (whole time equivalent) or less in Trauma & Orthopaedic Surgery**, not including experience in foundation modules, by the advertised post start date (5th August 2026).
- **Must not** also be applying for ST3 Trauma & Orthopaedic Surgery in 2026.

SELECTION CRITERIA

ESSENTIAL SELECTION CRITERIA

Eligibility

- You meet all criteria specified in the Eligibility to Apply section above.

Clinical knowledge

- Interest in, and understanding of, the training programme.

Workplace skills

- Ability to work in multi-professional teams and supervise colleagues.
- Ability to lead, make decisions, organise and motivate other team members.
- Ability to manage/prioritise own and others' time effectively.
- Ability to work safely under pressure and deliver good clinical care in the face of uncertainty.
- Ability to monitor developing situations and anticipate issues.
- Good basic IT skills, including Microsoft Office, email, and ability to learn new systems.

Academic knowledge

- Understanding of research, including awareness of ethical issues.
- Understanding of the basic principles of audit, clinical risk management, evidence-based practice, patient safety, and clinical quality improvement initiatives.
- Knowledge of evidence-informed practice.

Personal skills

- Commitment to personal and professional development.
- Ability to work on own initiative, demonstrating curiosity.
- Strong attention to detail, preparation and planning.
- Ability to communicate messages effectively to a range of audiences.
- Ability to negotiate and build positive professional relationships.
- Strong problem-solving skills, with a scientific approach to problem solving.

Values:

- Understands, respects, and demonstrates the values of the NHS

DESIRABLE SELECTION CRITERIA

Knowledge and Experience

- Understanding of NHS management and resources.
- Experience of management.
- Experience of research.
- Experience of audit and quality improvement.
- Experience of teaching.

SPECIALTY SPECIFIC ESSENTIAL SELECTION CRITERIA

- None

SPECIALTY SPECIFIC DESIRABLE SELECTION CRITERIA

- MRCS (Part A)
- Evidence of exposure to Trauma and Orthopaedics in NHS Scotland as a student or postgraduate opportunity